

# **HOSPITAL PROJECT**

## **ORGANIZING LEISURE ACTIVITIES FOR CHILDREN AT NATIONAL PEDIATRICS HOSPITAL**

**Solidarités Jeuneses Vietnam's project**



**Project title:** Organizing leisure activities for children at National Pediatrics Hospital

**Position and title of post:** Volunteers as game organizers for children in Pediatrics Hospital.

**Project owner:** Solidarités Jeunes Vietnam (SJ Vietnam) and

**Partner:** National Pediatrics Hospital of Vietnam

**Duty location:** Hanoi, Vietnam

**Duration:** At least 1 month

## **1. About SJ Vietnam**

SJ Vietnam operates through a network of national non-profit organizations and partner organizations in Europe, The Middle East, Asia, Africa, South and North America, and Australia.

It organizes short and long-term international workcamps, actions of social integration, training activities, international solidarity actions and runs small Youth centers in Hanoi. SJ Vietnam is a full member of UNESCO – CCIVS and NVDA.

Through these actions, SJ Vietnam aims to promote:

- The voluntary participation of all, particularly young people and those in social disadvantaged situation, in local, national and international life.
- Local development that takes into consideration the needs of the individual, the environment and the cultural heritage into consideration.
- The breakdown of barriers between generations, cultures and nations.
- A concrete construction of peace. SJ Vietnam mobilizes young people themselves to bring the values of tolerance and respects for all human beings without any political or ideological cleavage. The management of the organization and all our activities are open to all young people without any discrimination: we select our volunteers only based on their motivations. For each activity, national or international, we try to have lowest cost possible to be accessible to everybody.

Basically, the activities of the hosting projects which are organized with volunteers are work camps (renovation, masonry, carpentry, joinery, teaching, children activities, environment protection, painting, art performance, etc) and local development (short and long-term projects).

## **2. About National Pediatrics Hospital of Vietnam**

The National Hospital of Pediatrics (NHP), where convenes many pediatrics patients from all parts of the country, specializes in treating pediatrics patients.

The hospital consists of 22 departments, with the number of permanent treating patients amounting up to 1000-1200, aged ranging from infancy to nearly 17 years old. The majority of them are afflicted with difficult-to-cure ailments, such as hematologist, nephrologists... Treatment time is often long, depending entirely upon patients' conditions, special cases may last over 5-6 years. Time spent in hospital can vary from 2 to 4 weeks. Most patients come from low-income class, parents working in agriculture sector, living rather poor life.

There are up to 300 patients who are in desperate need of regular assistance. During treatment period, the patients do not have access to learning or participating in common leisure activities. The hospital itself is deficient in organizing psychology-care activities for little patients. Although 7 recreation rooms have been successfully established, catering for patients of 22 departments, those are still lacking in facilities and toys, not meeting demands from patients. In addition, there are only 2-3 personnel on duty so once or twice a week are these facilities open to people in need. A majority of the children do not speak English.

Pediatrics patients have full rights to healthy development, both physically and spiritually like other normal ones. They also have desire to communicate, play and receive knowledge (some of children there are quite shy so volunteers need to encourage them to be more confident). Efforts, though have been made by all doctors and nurses in the hospital, are not likely to meet all patients' needs. Furthermore, patient families are often in need of financial aids and help with caring for their relatives there.

### **3. Description of work**

Volunteers will prepare materials and activities by themselves or with the help from local volunteers, and they will guide the children those activities and do together with them. Every day volunteers will give toys to the children to play with them at the halls of departments. Volunteers can teach them how to draw, how to sing as well. The children in the hospital really like to have many activities so that volunteers are supposed to train them performance and the children will have performances for plays every month. The children also like coloring very much so volunteers can prepare materials for them and teach them how to color. SJ Vietnam takes place its activities in different departments in the hospital so volunteers will be divided into different groups to act in different places. They will switch to each other. Some children in the hospital are a little shy so volunteers should encourage them to be more confident to integrate with other children; they can spend more time with those shy children, after a period the children will be used to with their activities and they will join actively.

#### **4. Project objectives**

Volunteers will organize games and leisure activities for children who have to spend so long difficult time in the hospital for their treatment. They are expected to share the feelings and difficulties with the children (and their parents) by playing with them, because through playing with the children, volunteers will help to



distract the children from spiritual and mental pain. Volunteers will organize different activities such as drawing, singing, origami, playing games, performing plays etc.

- To ensure the fundamental rights to physical and spiritual growth for pediatrics patients, like communication, knowledge, amusement, creative games, and physical exercises.
- To call for help from philanthropist's sponsors as well as the youth, contributing efforts and capacity to a better life for those patients.

## **5. Duties and responsibilities**

- Organize funny games in English (with the help of Vietnamese volunteers) for children in the hospital's playing areas (such as: singing, drawing, drama performances, magic shows, etc)
- Prepare topics for games every day and volunteers are the people who are in charge of taking care of toys for children.
- Volunteers will train and perform plays together with children every month
- Volunteers also can have talking with children or they can read stories for them if they want.
- Help the children's families to take care of them.
- Help Vietnamese volunteers to build playrooms, play libraries.
- To act like an active volunteer not like an employee or an alternative tourist.

## **6. Work arrangement**

This is a self-managed project in collaboration of the Board of directors of National Pediatrics Hospital of Vietnam. The volunteers will work in the National Pediatrics Hospital in Hanoi.

- It is envisioned that the volunteers would devote at least 2-3 hours/day, 5 or 6 days by week. Working hours are flexible.
- Volunteers will be strongly encouraged to join the other voluntary activities of SJ Vietnam (ex: workcamp management, project in the fisher village and in hospital, social activities, etc)
- Volunteers will be divided into different groups and prepare topics for every activities together with the help from local volunteers.
- SJ Vietnam will organize social activities for the volunteers in collaboration with the national volunteers of SJ Vietnam.
- SJ Vietnam will help volunteers to integrate as fast as possible inside a network of local volunteers.

## **7. Qualifications and experiences**

- Not to be too sensitive: the children are sick and some are going to die.
- Know activities, games, songs that children would like.
- Be able to create a friendly environment for the children and their parents.
- Have voluntary or professional experience with children and teaching.
- Love children, highly enthusiastic and responsible for work.
- Have abundant understanding about stories, games, songs and collective activities.

- Creative, self -organized and able to self-managed work without daily supervisor.
- Strong inter-personal skills and experiences in working with a wide variety of people, cultural sensitivity, etc.
- Commitment to volunteerism, considerable experience as a volunteer.
- Member of a volunteer organization if possible.
- Ready to live as local people (basic accommodation, transport by bus or bicycle, local food).
- Be flexible, imaginative, patient.
- Interested by learning basic Vietnamese.
- High motivation and ready to face with many difficulties such as language and culture difference, low budget, and etc.
- Experience in multicultural working / voluntary environment.
- Experience in taking care of children as medical student or educator is an asset.

## **8. Participation fee**

250 EUR/month to stay in host families. This fee includes food, transportation and basic accommodation. Volunteers will pay all their participation fees one time for their sending organizations or directly to banks and fees will be transferred for SJ Vietnam before volunteers come to Vietnam. Volunteers have to bring the receipts for SJ Vietnam. If they do not pay their participation fees before coming, they will be in the waiting list. They can stay longer or less than couples of months but they are supposed to pay for the whole months and may be a half as well. For example, if volunteers stay for 3 months

and 10 days in the LTV house, they are supposed to pay for 3 months and a half (it means they will pay 875 EUR); if they stay for 3 months and 20 days, they are supposed to pay for 4 months (it means they will pay 1000 EUR). If volunteers have holiday in the middle of their voluntary durations, the holiday duration will still be considered as their voluntary time so volunteers are supposed to pay for the holiday duration. If they have holiday after finishing all voluntary work with SJ Vietnam, they do not have to pay for that.

Following is the address to transfer fee:

*Account name: SJ Vietnam*

*Account number: 4054928*

*Address: ANZ Hanoi Branch*

*No 14, Le Thai To Street, Hanoi, Vietnam*

*Swift: ANZBVNVX*

*Telephone: +84 438258190*

*Fax: +84 438258188/9*

## **9. Application procedures**

Interested candidates should email detailed Resume (CV) and an application letter to their voluntary sending organizations.

The national voluntary organizations have to send their candidates' CVs to: [in@sjvietnam.org](mailto:in@sjvietnam.org). Our incoming coordinator is responsible for accepting volunteers.