

INFORMATION SHEET

Project	ARTE DIEM 2008
Code	SJV0837
Date	From 08/09/2008 to 20/09/2008
Participation fee	180 EURO
Project location	Ha Noi
Person to contact:	Tel: +84 (4). 719.5080 (Office)
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"It is only with the heart that one can see rightly; what is essential is invisible to the eye "
(Antoine de Saint-Exupéry)

ABOUT SJ VIETNAM

Solidarités Jeunesses Vietnam (SJ Vietnam) is an international youth NGO (Non-Governmental Organization) that promotes peace, solidarity and active citizenship through international voluntary service. It was set up in 2004 by and for national and international young volunteers. SJ Vietnam is an official member of [NDVA](#), a full and active member of the Coordination Committee for the International Voluntary Service ([CCVIS](#)) at UNESCO (Paris) and partner of Alliance Network.

SJ Vietnam organizes short-and long-term international workcamps and local projects, actions of social integration, training activities, international solidarity actions, and runs the first youth center for street children in Hanoi called "International Youth House" since 2006.

All volunteers, both Vietnamese and international, are warmly welcomed to join and participate in the projects provided by SJ Vietnam.

The goals of SJ Vietnam are:

- ***Work towards a society of justice, peace and solidarity.***
- ***Break cultural misunderstanding between peoples and nations.***
- ***Improve local and global environment, provide non-formal education, reduce poverty and establish human rights.***
- ***Encourage young people to participate actively in the society in which they live.***

The SJ Vietnam slogan reads: **"Volunteer for sharing, learning and being responsible"**.

Furthermore, each year, our Vietnamese volunteers are sent abroad to participate in volunteering projects organized by partner organizations all over the world.

In 2008, we count officially 3256 local members aged between 15 and 35 years old. SJ Vietnam uses to host around 300 short and long term international volunteer every year. In 2009, SJ Vietnam should welcome the first EVS volunteer in collaboration with the European Commission and [Solidarités Jeunesses France](#).

SJ Vietnam is supported by the French student organization "[Un Etai pour le Vietnam](#)" in Toulouse, and the [World Bank in Vietnam](#).

ABOUT YOUR WORKCAMP

1. PROJECT

ARTE DIEM is an annually hold event well-established since 1999 which is hosted for the first time in Asia by SJ Vietnam, YAP and NVDA. The idea behind this event is to create an International network of young volunteers and to connect people from different social backgrounds from all over the world to create a better future.

The work camp lasts for two weeks. There will be five different art workshops:

- The theatre group will perform for example parts of "Little prince" story together with children and local volunteers.
- The music group will bring traditional songs & instruments and contemporary music together to create a new style of music.
- The media group is focused on the documentation of the work camp including interviews, scenes behind the performances, free time activities, etc.
- The dance group will explore different styles of dance from the different countries.
- The painting and sculpture group will work with different materials in order to create some unique pieces

Five different Artists from all over the world are coming to Hanoi in order to make great workshops with the volunteers.

2. Preliminary schedule:

September 8th-12th

7.30-9 am	Getting up and having breakfast
9 – 12 am	Workshops - Theatre - Dance - Music - Painting & Sculpturing - Media
12-2 pm	Lunch & break
2-5.30 pm	Workshops - Theatre - Dance - Music - Painting & Sculpturing - Media
5.30-7 pm	Dinner
7 - .. pm	Leisure Activity with local volunteers

September 13th

Mid-Autumn Festival

- Performance & exhibition of the workshop results at the Paediatric Hospital and the Blind School

September 14th

Festival at Hai Duong Welfare Center

- Performance & exhibition of the workshop results at the Welfare Center and celebrating with the children

September 15th : Free time

September 16th

Getting to know Hanoi and projects of SJ Vietnam

September 17th – 18th:

Prepare exhibition

September 19th:

Evaluation

September 20th:

Departure

3. Leisure and exchange activities

As you know work camp is not only to help poor people but also is chance to meet new friends, to understand about local people and share your experiences with other people etc so your free time, at the lunch break time, evening or weekend you and other volunteers can arrange many different activities to show about your life, family, country, experiences etc with pictures, games.

Some activities should be:

- Meeting for a daily evaluation: To share the emotion, result and also to find solution for the project. It is called study part.
- Vietnamese night: Local volunteers will arrange one night to introduce about Vietnamese food or people, music etc to you.
- International day: so all of volunteers in your work camp will prepare some special things so that they bring from their countries to talk about their country, culture.

MEETING POINT

1. **Meeting time: At 10:00 am on September 8th, 2008**

2. **Meeting point: Youth House 1.**

- Address: No. 16 An Xa, Phuc Xa Street (near Long Bien Market), Ha Noi.

3. **How to get there:**

- If you are already in older quarter of Ha Noi capital it is near Hoan Kiem Lake you can come here by walk, 20 minutes or by motor – taxi it cost about 1\$ (16.000 VND) or by taxi that costs 3\$ (50.000 VND).

- If you come from Noi Bai Airport.

- **[TAXI]** If you ask us to arrange taxi to pick you up, it is ok but please remember send us your confirmations slip with your flight schedule. Taxi driver will wait for you at the Meeting point of Airport with your name. It cost 14\$. Please do not pay more.

- You can also catch any **NOI BAI taxi** for yourself and show driver address of Youth House 1 (No.16 An Xa, Phuc Xa street). It costs 14 \$. Please do not pay more. Sometimes, drivers ask to pay more.

- **[BUS]** You can use public bus from Noi Bai Airport to go to Long Bien market, number 17 and stop at Long Bien Market and then you walk with the map below. It cost 5.000 VND (0.7 USD)






*We strongly recommend international volunteers to use TAXI than BUS because it's more convenient and not very expensive. However, it's up to you.

1. From the bus stop, cross the big boulevard and go through this gate. Be careful with the motorbikes.



2. And you go a straight and you are on the Tan Ap street.



<p>3. You go ahead until you see a three way cross roads, please turn right. You are on Nghia Dung Street.</p> 	<p>4. You go ahead and you will see other three ways cross roads and you turn left. You will see a secondary school on your right with name is</p> 
<p>5. You walk about 10 meters and please turn right at the first cross road</p> 	<p>6. Go straight until you see No. 16. It is the accommodation</p>  

● **EMERGENCY TELEPHONE NUMBER:** ++ 84.982.499.221 (Miss. Ngoc) or +84.4.7195080/ +84.4.2154993 (office)
 Use this number only in case of a **REAL** emergency. If you experience problems with your pick up, please call the work camp coordinator first.

ACCOMMODATION

Youth House 1 is your accommodation. The first floor is kitchen, the second floor is children's classrooms from our 'Youth House Project' and the third floor is your rooms. Because of quite big room so you must share with other volunteers in your camp or different camps.
 Our youth house is simple but it is still much better than living condition of most Vietnamese.
 Volunteers will sleep on floors and share a bathroom with other volunteers. (Please know that not many Vietnamese families have bathrooms in their houses, especially in rural areas, it is only in houses of big cities and "real" bathrooms are only in rich families)
 Don't compare our living condition with any hotel neither expects that we supply you so comfortable stay even though our Youth Houses are in Ha Noi capital, one of the richest cities in Vietnam.
If you want to come there sooner or later one or two nights you have to pay 2 USD/day for water, electricity (if we still have place for you).

FOOD

Local volunteers will cook for everybody in team and you are welcome to join them. It will be great if one day you could cook something from your country (something easy and cheap!). If you need special ingredients like spices and sauces, it is better that you bring them with you. It could be difficult, expensive or even impossible to find them here. Make photocopies of some receipt from your country if you don't know what to cook

If you follow a special diet, please inform us as soon as possible.

VISA

You can download the application form to get the visa at

<http://vietnam.solidartitesjeunes.org/visa>

A valid passport and a visa are required of all foreigners visiting Vietnam. With very few exceptions, there is no such thing as a "visa on arrival." Visas are issued by Vietnamese embassies and consulates. Some overseas offices of Vietnam tourism are able to issue tourist visas. You should apply for tourist visas at least for the duration of your project in Vietnam. It will be very difficult for you to extend your visas and don't think it could be cheaper to extend your visas here, it also costs much money!

You don't need invitation letter from us, apply for **tourist visa ONLY**.

Don't start to explain that you come here to be volunteers, to help the poor children, etc.... Except if you want to spend 3 days of explanation at embassy and not receive your visa for "national security reasons"

INSURANCE, HEALTH

- The volunteers need to have their own travel assurance and medical assurance. **Before you go to your work camp, you need to make sure you got adequate insurance coverage.**
- Malaria in Hanoi: you don't need to take malaria pills; there is NO MALARIA IN THE BIG CITIES OF VIETNAM!
- Check if your TETANUS, DIPHTHERIA, POLIO and HEPATITIS vaccination are up dated. Some doctors here, advice to do a preventive vaccine against fuzz.
- DIARRHOEA is a frequent travel problem. Even when traveling is in good conditions, it is not always possible to avoid it. Ask advices and the correct medications to your pharmacy.

INTERNET ACCESS / PHONE/TRAVEL

- You will find everywhere in the city internet cafe at cheap price (about 2000-9000 Vietnamese Dong/hour). Your family can send emergency e-mail to: artedlem@sjvietnam.org
- There are some Internet cafés which are 10 meters far from our Youth Houses.
- Your friends and family can call you at the office in the morning or in the evening (GMT +7), our phone number is +84 4 7195080 (in emergency).

Working hours are from 9 am to 6 pm.

- You can buy very cheap sim card for your mobile phone with only 70,000VND (\$4) and inform your family your mobile phone number.

Local emergency numbers

Ambulance: 115

Fire: 114

Police: 113

THINGS YOU NEED TO TAKE

- In the summer and autumn, the weather can be extremely warm and humid (until 35°C), take light cotton clothes (t-shirt).
- Plastic coffee cups, knife, fork, spoon, plastic plate, hat, solar cream, protective measures against mosquito, mosquitoes net (There are few problems with mosquitoes in the towns and cities of Vietnam, so there is no need to bring large quantities of repellent, a small mosquito net can be more useful to sleep in peace),
- Sleeper shoes for inside, a good backpack.
- Something about your country (posters, music, postcards, map, video, etc), and your family (to introduce you to the children and the others volunteers) to introduce about your country, your organization, etc, music instrument if you have one, electric lamp, carnival clothes, special food from your country to taste it the first evening, some stories/jokes/CD music from your country, pocket money, personal pharmacy. If you have a car or motorbike driving-license, please take it.
- Limit clothing that will attract attention such as short skirts or shorts, sleeveless or plunging necklines. These clothes may attract unwanted attention or offend the sensibilities of your co-participants or Vietnamese outside our accommodation

HOW WE USE YOUR PARTICIPATION FEE

Participation fees are **180 Euros** for international volunteers to pay the food, accommodation, projects, administration of your work camp, etc.

SJ Vietnam is a young organization with no external support; we need your fees to organize and prepare the work camps, our local activities and to manage the organization.

**FEES ARE NOT ONLY FOR YOUR FOOD AND YOUR ACCOMODATION!
(41% GO DIRECTLY TO OUR PROJECTS, 29% IS USED FOR YOUR
ACCOMMODATION, FOOD, TRANSPORT & ACTIVITIES OF VOLUNTEERS AND 20%
IS SPENT FOR ADMINISTRATION COST.)**

Please read this part and think carefully before you pay.

How to contact us?

Our office is open from Monday to Friday from 9 am to 6 pm GMT +7.

Our address:

No 10D, lane 28, Tay Ho str, Ha Noi, Vietnam

Tel: +84.4.7195080/ +84.4.2154993

Fax: +84.4.7195080

Youth House 1 (meeting point): N° 16, An xa, Phuc Xa street, Ha Noi, Vietnam.

General email: info@sjvietnam.org

Arte Diem: artediem@sjvietnam.org

Workcamps: workcamp@sjvietnam.org

Long term projects: ltv@sjvietnam.org

Director: phuc@sjvietnam.org